



# Thrive Days: Inspiring Leadership Through Community and Creativity

## What are Thrive Days?

Thrive Days bring corporate teams into schools to make a meaningful impact on young lives. Partnering with local artists, we deliver a full day of interactive leadership development programming that engages and inspires students through creativity, teamwork, and mentorship.

Corporate volunteers play a key role, working hands-on with youth to build confidence, foster collaboration, and spark potential. It's a powerful way for your organization to give back, connect with the community, and see the direct impact of your support in action.

# Why Partner with Thrive?

## 01 Hands-On Community Impact

Corporate volunteers actively engage with students, fostering leadership skills, creativity, and teamwork in an impactful, one-day program within local schools.

## 02 Supportive Volunteer Engagement:

Volunteers play a key role in encouraging and cheering on students as they participate in workshops led by professional artists, creating a positive and empowering environment for growth and self-expression.

## 03 Visible and Measurable Outcomes

See your support in action with real-time feedback from students, educators, and volunteers, showcasing the difference your organization makes in empowering the next generation.

# How Our Programs Work

- **Targeted Impact:** Thrive collaborates with educators, administrators, and school boards to identify schools and classrooms that will benefit most from our programs, ensuring your support reaches the communities that need it most.
- **Proven Framework for Change:** Our curriculum is built on a transformative theory of change, empowering students to strengthen their sense of identity, develop meaningful interpersonal connections, and believe in their ability to create positive change for themselves and their communities.
- **Expert Leadership:** Thrive Days are facilitated by seasoned professionals who excel in guiding participants to step outside their comfort zones, take constructive risks, and build the self-confidence essential for personal growth.
- **Authentic Mentorship:** Local professional artists, often with shared lived experiences, deliver our programs, serving as relatable and inspiring mentors who connect with participants and demonstrate what's possible within their own communities.



# Volunteer Information

- **Team Participation:** Each Thrive Day requires 10 volunteers who play a crucial role in creating a memorable and impactful experience for students.
- **Screening Requirements:** Volunteers must complete a Police Record Check that includes a Vulnerable Sector Screening, which typically takes 4–8 weeks to process.
- **Time Commitment:** Volunteers will contribute 8 hours to support program delivery.
- **Preparation and Training:** Volunteers will receive digital resources and attend an online session with Thrive staff to gain an understanding of their roles to ensure they feel confident and prepared for the day.



## Sample Itinerary

**8.00am:** Arrival

**8.45am – 8.50am:** Intro Assembly

**8.50am – 9.35am:** Workshop 1

**9.35am – 10.20am:** Workshop 2

**10.35am – 11.20am:** Workshop 3

**11.30am – 12.30pm:** Lunch

**12.30pm – 1.15pm:** Workshop 4

**1.15pm – 2.00pm:** Workshop 5

**2.15pm – 3.00pm:** Mini Showcase

**3.20pm:** Dismissal

**Want to learn more?**

**Connect with us at  
[together@thriveyouth.ca](mailto:together@thriveyouth.ca).**